

VOTE ZOE NICHOLSON FOR STUDENT PRESIDENT



More funding put into Sports Clubs and Societies.

If elected I will continue to explore into ways to provide more funding into the universities sports clubs and societies meaning that students can fulfil their full potential through further involvement in extra-curricular activities which is proven to have a direct effect on mental health and wellbeing.

Wednesday afternoons free from classes.

I will fight for all students to be given Wednesday afternoons off from classes to ensure that students have allocated time to focus on their wellbeing. Doing this, also provides students with allocated time to participate in sports clubs and activities meaning that the university can be represented at a more elite level, which will also enhance the university to future students.

Guaranteed break times during lectures.

I pledge to develop a system ensuring lectures and classes that last over an hour have allocated set breaks. Research shows that taking breaks during lessons can

help students increase their concentration and productivity levels. Alongside this it allows distressed students time to take a quick break from the lesson without feeling uncomfortable that they are disrupting a lecture

To provide more support for direct entry students.

I will provide a support system for direct entry students to help the big step between college and university, as being a direct entry student, I understand the challenges myself I know what extra support and changes are needed.