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THE JEJET



FRESHERS EDITION



MEET THE TEAM



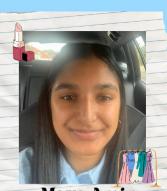
Paul Brady Editor in Chief



Eidane Montgomery Deputy Editor



Sophie MacGrain News & Features Editor



Maya Amir Fashion & **Beauty Editor**



Kevin Maguire Music Editor







Head of Design



CONTENTS

News & Features

p6 - Cash-in Between Classes p8-9 - Flowing with Pride p7 - New beginnings

Entertainment & Technology

p10 - The Crow (2024) Review

p12-13 - A Guide to Uni through FILM

p15 - Is the Iphone 16 worth it?

p11 - Alien: Romulus Review

p14 - The Useless Hotline Tour

Music

p16-17 - Editors Picks

p18 - Oasis are back...or are they?

p19 - Trail West Album Review

p20 - Bands music should sound the same

p21 - Die with a Smile

Fashion & Beauty

p22-23 - TikToker Heather Bowling is for the luxurious lashes

Arts & Culture

p24-25 - Vincent Van Gogh Exhibition

p26-27 - The Edinburgh Jazz Bar

p28-29 - Idiots Abroad

Sport

p30-31 - Ibrox to Hampden: A Rangers FC Journey

p32 - Clyde need Consistency

p33 - Caledonian Chargers

p34-35 - Q&A with the new Dance Society President

EDITORS NOTE

Welcome to the 2024/2025 Freshers Edition of The EDIT. As we relaunch the magazine on this season with a new look and new committee I can't wait for you all to read our excellent articles from our incredible writers.

With two years under my belt as the previous Entertainment and Technology Editor, I am so excited to get back to work and can't wait to share the new ideas our team has been working on over the summer.

As we approach the anniversary Edition of The EDIT I hope this year we bring in even more new faces to GCU's student magazine than ever before and create a diverse and creative range of content which the magazine has stood for over the past 15 years.

I hope to hear from you all and you can do so by submitting your articles to our editors for publication in print and on our online website.



Want to get involved in the next edition of The Edit? Get in touch with our editors via their emails:

Editor-in-Chief: editor@theeditgcu.com

News/Features: news.features@theeeditgcu.com

Entertainment & Tech: ent.tech@theeditgcu.com

Music: music@theeditgcu.com

Fashion & Beauty: fashion@theeditgcu.com

Arts & Culture: arts.culture@theeditgcu.com

Sport: sport@theeditgcu.com

CASH-IN BETWEEN CLASSES

Best Side Hustles for Students

By Sophie MacGrain

Who says you can't nail your exams whilst also boosting your bank balance?

Whether you're looking to fund your next adventure, save up for a rainy day, or just explore new interests, there's a side gig out there that fits perfectly around your academic schedule. Here's how to turn your free time into cash and make the most of your student experience!

Freelancing:

Got a knack for writing, design or coding? Why not use the skills you're learning whilst studying by diving into freelancing. Sites like Upwork and Fiverr let you connect with clients who are looking for your expertise. Set your own rates and hours and work from your bed or the nearest coffee shop, whilst also building a portfolio that's sure to impress future employers.

Tutoring:

If you've gotten this far, you must be at least half-decent at what you're studying, right?

Undoubtedly there

are other students who could use your help in your speciality; whether that's fellow uni students perhaps struggling with an additional module to their course, or high school pupils with exams coming up and a subject they just can't quite grasp.

Check out Tutor.com or the campus job board to get started, look for those requesting tutors in Facebook groups, or reach out to your old school and offer your services. It's a great way to make some extra cash whilst also making a huge difference to someone else's education!

Gig Economy:

In this day and age, there are numerous flexible jobs which are often in high demand. It might be delivering with Just Eat, or dog walking in your local neighbourhood.

If you can play an instrument, try busking, or perhaps run errands through apps like Rover or TaskRabbit. These gigs let you earn cash on your own schedule, so you can work around your classes and study sessions.

Small-business owner:

Turn your creative flair into cash by selling handmade goods or digital art. Platforms like Etsy are great for selling your products, and in the digital age of social media, it's never been easier to advertise your creations.

Believe me, there's a niche for everyone out there, from custom jewelry to unique prints, starting your own makeup brand or a pick n' mix sweet business! Bonus points if you promote your products on TikTok Shop and Live.

Social Media:

We get it. Being an "influencer" is embarrassing, or whatever. Or so they'll have you believe. But what's embarrassing about gaining some extra cash doing something you love?

Maybe you've already got a bit of a following and want to start earning commissions on products from TikTok shop, or you could look into becoming a UGC (User-Generated Content) creator and film and edit videos for brands without even having to post the products on your own page. Benefits: working from home, on your own timescale, while getting paid and sent free products.

Sure we can't all be Molly-Mae, but if everyone else is doing it, really you're missing out if you're not monetising on social media.

Selling Your Clothes:

This is a time-old classic. But people still can't be bothered to do it half the time and opt to trade your old outfits into the charity shop instead.

My advice is to think of it like you're a small business owner and make believe a little bit. Buy some nice bags, maybe even a thank you sticker. I've personally had great success with Vinted. In fact, in January during some time off over Christmas, I managed to make a couple of hundred pound off of selling unwanted clothes on Vinted, plus it gave me something to do.

It can be a bit of a hit or a miss, but search "tips for selling on Vinted" into TikTok and with a bit of luck, you might make a few extra bucks whilst also clearing your room.

NEW

BECINNINGS

NEWS & FEATURES

By Lucy Rodgers

The countdown to university is coming to an end, and it can seem intimidating and scary. But, I am here to give some tips and tricks for this new beginning!

An old friend sent me this photo and told me that it guided her through her first few weeks away from home.



This is exactly what I am going to touch on in this article; the invisible line between comfort and escaping that box you were once in.

Some people (AKA me) like to call it 'the small-town mentality'.

No matter what age you are when going into first year, this experience is not the same for everyone. The experience itself lies beneath the person who is living it.

Tip 1: 'Be your true, authentic self'

In my opinion, this is the

most important one.

This is literally the opportunity to either reinvent yourself or, even better, be a bigger and bolder version of the person you already are.

Throughout your first year of university (if you have decided to move away from home) you will live with multiple people and the kindest thing you can

do for both you and them is to allow them to get to know the real you

Most of the time, previous spaces such as high school can put you into

a square box, so take this opportunity look at university as a chance to fit into any shape you like.

Try your best to forget about previous judgements, take a deep breath and realise that this new world is your oyster.

Tip 2: 'You are not alone'

This is probably the most comforting fact about starting university.

Every single person you meet is going through the same new feelings, expectations and experiences It can sound cliché and obvious to put it in this way, but it is a fact that you must accept and allow it to comfort you.

Just because someone looks as if they are fitting in better than you doesn't necessarily mean they are. Take care of your own mental health during this transition and ensure that you have people that you can express your feelings with.

Tip 3: 'Do not take it too seriously'

This may be a controversial one but, to me, the first year of university is all about finding your feet.

Trust me - you will have time to be serious come third year, I'll tell you that for sure. Let your hair down, give yourself plenty of space and time to breathe, and have as much fun as possible.

Try not to miss out on plans or meeting new people because of an assignment that is due in a few weeks.

Allocate time and find a healthy balance between your workload and enjoying yourself. Balance will be your best friend during this life change.

More tips from university students

Aimee Rodgers: "The biggest lesson you learn at university is not the stuff you learn in the classroom, but the life lessons you learn."

Grace Rodgers: "Age does not matter, there is always time to try again."

Hannah Nolan: "Have fun! You will never get this time back again. Make the most of it."

Marli Mullen: "Join a club! Meet all the best people."

Lewis Dand: "Put yourself out there and make friends with lots of people."

Alexandra Kerr: "As someone who moved three hours from home, don't be afraid to speak to and have fun with your flatmates. They can end up being the best people you'll meet."

Amy Lamont: "Do not feel any pressure to live wild and crazy every night just because everyone else is."

Kerri Allen: "Go alone."

Éireann Ireland: "DO not fall victim to a situation-ship."

FLOWING WITH PRIDE

Why We Shouldn't Be

By Sophie MacGrain

It's that time of the month; and time for change. If only everyone knew the real power of periods, we'd definitely talk about them more. So, it's time for a red rewrite.

Menstruation. It's commonly known as the "P-Word". In your life, you might've heard of it referred to in a number of ways, from "aunt flo" to "shark week." In fact, the International Women's Health Coalition found in a survey that there are over 5,000 slang words used across the globe instead of "period". So, why can't we just call it as it is?

Despite its universality, menstruation continues to be shrouded in shame, secrecy, and stigma across cultures. From whispered conversations to covert trips to the restroom, periods are often treated as something that should be hidden or apologized for, contributing to a culture of embarrassment and discomfort.

I've you're a menstruating person, you've probably been caught out with your period coming at a time when you weren't prepared for it. In my first year of uni, during an induction lecture, surrounded by all these classmates I'd only just met for the first time, my period decided to surprise me.

A lot of us were going out for drinks after, and I was sat on a chair, afraid to get up, well aware I had bled through the jeans I had meticulously picked out three days prior in order to make a good first impression. And there I was, unsure of what my next move was, and who in this room of people I barely knew, was I going to turn to for help.

Luckily, the girls beside me were a huge help, one even letting me go back to her flat and get changed into her clothes. Surrounded by a bunch of girls before then, in the bathroom, trying to clean up my bloody clothes and protect my dignity with a jacket wrapped round my waist, it was actually a moment where friendships were made, and bonds were formed, and not one per-

son thought I made a terrible first impression simply because my period caught me by surprise, because everyone single one of those girls had gone through the same thing at some point in their life.

I tell this story to let anyone who's just starting uni, or maybe just about to go into a new job, or any other big or small change in your life, that having your period isn't embarrassing, and you're going to be totally fine. I survived, and you will too.

Menstruators have been made to feel that their period is something to be ashamed of—a private matter that should never be spoken of publicly. But why? It's time to break down these barriers and ask: why should we be embarrassed about a completely natural function?

Instead, let's talk about the reasons why periods are actually pretty incredible. Everything about your menstrual cycle is amazing, from the fact it allows you to create human life, to the realisation that being aware of your cycle means you can use it to be the best, most productive, and happiest version of yourself.

Periods Are a Biological Necessity, Not a "Problem"

Menstruation is a sign of healthy reproductive function. The menstrual cycle is vital for fertility and is a core aspect of overall health for many people. Yet, despite this, the language surrounding periods often frames them as an inconvenience, a "problem," or something dirty. This perception is deeply harmful.

Destigmatizing periods allows people to view them as a normal part of life, reducing the stress, shame, and anxiety that many associate with menstruation. Let's think about periods as part of the process of one of the miracles of life that is being able to create another actual human being. I'd say that's pretty extraordinary, rather than embarrassing.



Embarrassed About Periods

Beyond Gender Bias: Embracing Periods for a More Inclusive Society

Destignatizing periods doesn't just benefit those who menstruate; it benefits everyone. Period stigma reinforces harmful gender norms that perpetuate the idea that women and people who menstruate are inherently "unclean" or "irrational." By challenging these stereotypes, we can work toward a more inclusive society where menstruation is recognized as a normal bodily function rather than a source of shame. This also empowers men and non-menstruating people to engage in the conversation and support those who menstruate without feeling awkward or embarrassed.

Power in Your Period: Transforming Wellness by Understanding Your Cycle

While periods are often associated with discomfort or fatigue, the entire cycle—composed of different hormonal phases—actually holds unique opportunities for enhanced focus, creativity, and productivity.

Beyond productivity, being attuned to the menstrual cycle can significantly improve mental and physical well-being. Tracking symptoms and energy levels throughout the cycle empowers menstruators to anticipate their needs and prevent burnout. Self-care strategies like adjusting exercise routines, nutrition, and social commitments to align with the phases of the cycle can lead to greater balance and overall health.

When workplaces and organizations recognize the impact of the menstrual cycle, they can create environments that support employees in their natural rhythms. Flexible work arrangements, understanding of menstrual-related challenges, and open dialogue can improve employee well-being and productivity. Destignatizing periods allows workplaces to become more inclusive and supportive of menstruators, enhancing both job satisfaction and performance.

By embracing the menstrual cycle, people who menstruate can learn to harness its power, working with their bodies rather than against them. This shift in perspective can lead to improved productivity, creativity, and a deeper connection with one's own health and well-being.

Unblocking the flow: Improving Access to Education and Healthcare

The stigma around periods often leads to a lack of education about menstrual health. When periods are treated as taboo, young people may feel embarrassed to ask questions, leaving them uninformed about how to manage their health. This can result in serious health issues being ignored. Destigmatizing periods ensures that people feel comfortable seeking medical advice and talking openly about their experiences, ultimately leading to better healthcare outcomes.

Period poverty—the lack of access to sanitary products, menstrual education, and hygiene facilities—affects millions worldwide. Many people are forced to use unsafe materials or miss out on school and work due to a lack of resources. By normalizing conversations about menstruation, we can advocate for policies that ensure menstrual products are affordable and accessible for everyone. Addressing period stigma is a crucial step toward gender equality and ensuring that menstruators are not disadvantaged by their biology.

Destigmatizing periods is not just about normalizing a natural process; it's about creating a world where menstruators feel empowered, informed, and respected. By breaking down the barriers of silence and shame, we pave the way for greater equality, productivity, and well-being for all.

I believe the real "P-word" is "power"—because when you start to own your period with pride, you unlock the strength that comes with it.

THE CROW (2021)

A film that feels like it should have come out in the 2000s



By Matthew Allen

The long-awaited new interpretation of The Crow has landed a bit late. The Crow follows soulmates – Eric (Bill Skarsgard) and Shelly (FKA Twigs), who are brutally murdered in quite a horrific way when the demons of her past catch up with them. Due to Eric's love and hatred, he

returns to seek revenge.

I felt the first half of the film was like watching a comic book movie from the early 2000s. It felt like The **Crow was trying** to jump onto the 2000s comic book movie boom after the successes of Raimi's Spider-Man films, Fox's X-Men or Sin City: however, The Crow

feels dated but not in a good way.

I could not get away from that sense of the 2000s due to some of the dialogue, which felt like it was written by a teenager full of angst. sticks out was Shelley says, "you're brilliantly broken" to Eric. I almost eye-rolled because no normal couple talk like that. Or "if I jumped, would you jump?" It comes across as two people who think they are deeply emotional. I found our couple more annoying than anything else, which resulted in the first act dragging for me.

The first half struggles because we spend a lot of time in a recovery centre that looks like a military camp, and our villain - Vincent Rug, played by Danny Huston, is a supernatural threat, which, to be fair, could

be in the comics - but I would have preferred the idea of 'ordinary criminals' suddenly realising that they have messed with a higher power.

However, the second half is when it fully becomes a revenge thriller with a fighting sequence at the Opera House, which is great. I love that Eric's strikes and blows are in time with the opera performance.

The key element of why I like that second half is that Sanders leans into the body horror of The Crow as Eric is now a human test dummy; I thought the moment where he stabs himself to take another guy out was great.

The second half is a redeeming quality for the film because it is a solid revenge thriller, but you must get through that first half first.

Performance-wise. Skarsgard. I sometimes found in the first half to be unsure at times. However, in the second half, when he becomes full of The Crow, I think he is great as an individual who is full of rage. I loved the moment when he appeared on stage at the opera house. FKA Twigs, as Shelly was fine. The villain, Vincent Rug, was forgettable, and for some reason, Hutson's performance reminded me of a poor imitation of D'Onofrio's Kingpin.

The Crow has a second half that can save it; however, it certainly feels like a film that is a bit late.



A specific example that

ALIEN: ROMULUS ENTERTAINMENT & TECH

A review



By Ethan Paterson

As a franchise, Alien has been held together in media relevancy by the design of its titular Xenomorphs and its widely beloved first two instalments.

The reception of any of these movies released beyond Aliens in 1986 has ranged from polarising to downright terrible.

Aliens 3 and Resurrection lack the tension and horror the series was famous for. **Prometheus and Covenant** tried to explore the mythology of the universe and brought the fear back but left more questions than answers in scripts that felt poorly written.

Romulus, the latest film in the series, successfully takes things back to basics by channelling what made the first two movies so great.

The underlying tension and inevitability of our cast's fate keep you on the edge of your seat through every hall traversed, every revelation made, and during the film's impressive set pieces.

The focus is on a young group of space colonisers desperate to escape their bleak existence by acquiring cryo-pods



from an abandoned space station, only to be met with Facehuggers and Xenomorphs.

Caliee Spaeny as Rain and David Johnson as android Andy are the true standouts as the film's leads. Spaeny channels Sigourney Weaver's Ripley and joins the ranks of excellent, strong final girls in horror, while Johnson gives an eerily cold performance.

Romulus' plot doesn't get much more complicated than that, beyond references to the original film, Prometheus and the introduction of a **MacGuffin. It does reference** the original movies a bit too much, from its setting, directly quoting lines from the films, and resurrecting a classic character in freakish fashion - recreating the actor using CGI.

For most of its runtime, it plays it quite safe script-wise. Credit: 20th Century Studios

The focus instead felt like it was on making a well-crafted feature, as the set design, practical effects, sound design and horror are all toptier.

The lack of originality and **MacGuffin plot point would** dock the film some significant points if not for the cast bringing some real life to the script and for the film's incredible third act, featuring a twist you would never have expected when watching the first-time round.

There is a place for exploring deeper lore and themes in the Alien universe, but the simplicity of Romulus brings the franchise back on track and gives new room to expand on. For the first time since the 80s, Alien has a truly good film.

A GUIDE TO THROUG

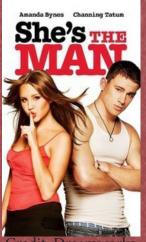
Thinking about university can be pretty stressful - there's a lot of ous about starting university, don't worry - it's not as scary as it life. Even if partying isn't your thing, it's a great chance to dive into you get to that point, check out our guide to the best films about ment of



Credit: MGM Studios

Legally Blonde (2001)

Though it may seem like just a light-hearted chick-flick, Legally Blonde highlights the experiences of many young women who are overlooked in education. It also serves as a reminder that women can be both smart and enjoy makeup, fashion, and other things often considered feminine and non-intellectual. So go ahead and strut through the library in your heels, ladies!



Credit: Dreamworks

She's the Man (2006)

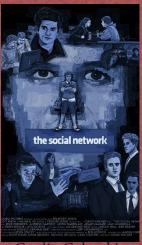
She's the Man follows a girl who disguises herself as her brother to join a boys' football team, challenging traditional ideas of what women and men can do. For university students navigating their own identities and social expectations, it offers a light-hearted take on breaking stereotypes and pursuing one's passions.

UNIVERSITY AH FILM

EN FITTING ROME "what ifs" that might keep you awake at night. If you're feeling nervseems. In fact, it can be very enjoyable, and you can make friends for your chosen field and embrace being who you truly are. But before going to university, where directors capture all the chaos and excitethose years.

The Social Network (2010)

From capturing the college acceptance process on TikTok to subtly crafting Instagram stories to attract a crush, social media has become more central to the lives of students than ever before. The Social Network explores the chaotic origins of the platform that started it all: Facebook. It portrays Mark Zuckerberg's time as an undergrad at Harvard, his probation, his work on various social networking sites, and the legal issues that followed.



Credit: Colombia Pictures

Shiva Baby (2020)

As college students approach their graduation, they're bombarded with questions about their careers, grades, and future plans. Senior Danielle, faces all of these awkward conversations at a chaotic post-funeral gathering. During this, she unexpectedly encounters her ex-girlfriend, her sugar daddy, and his family. Both uncomfortable and funny, Shiva Baby captures the life of a woman stuck between college, reality, and adulthood.



Credit: High Council

THE USELESS HOTLINE TOUR

An inclusive hotspot for fun and friends

By Paul Brady

Earlier this year, I was lucky enough to be invited to see 'The Useless Hotline Podcast' on their first live show tour at Saint Luke's in Glasgow.

The Useless Hotline podcast is a comedy show where the hosts answer calls from listeners on virtually any topic, offering hilarious but (sometimes) helpful advice. show a fan of bothboys, Max Balegde & George Clarke, after discovering them separately on TikTok before becoming obsessed with them as they

with them as they jumped to YouTube and launched their

podcast.

However, I was apprehensive about how the show and their often-dry sense of humour would translate in front of a live audience.



Credit: Paul Brady

The format allows the boys to brilliantly use banter and discussions about pop culture to entertain their audience, distracting them from their real problems. A relief their community waits for every week with their upload on YouTube every Sunday.

I went into the

Without the ability to edit like social media stars have become used to, the pressure of it being their first tour, and the embarrassment of talking about raunchy topics in the famous Glasgow chapel, the tour had the risk of being useless and harming the brand.

George and Max didn't miss a beat.

Engaging with the intimate crowd with just as much hilarity as they do every week, they fostered the same sense of community that their audience had come to expect.

The duo made everyone feel welcome and free of embarrassment to share their most humiliating and sometimes hurtful memories, creating a space where everyone could have fun (except perhaps the audience's ex-friends and situation-ships) who were featured brilliantly in the show by members of the audience.

Amidst the sea of social media stars' short-lived podcasts, The Useless Hotline stands out for a reason.

The inclusive community, the boys, have fostered with their listeners is a unique and refreshing concept not often seen on YouTube.



Credit: Paul Brady

Their ability to bring together typically straight men who are usually fans of the Sidemen with the Girls and the Gays, and have everyone get along, makes their live shows a truly unique experience.

The boys' comedic ability to engage with callers on all kinds of ridiculous topics and offer the most absurd advice you could imagine, has you laughing for an hour every single Sunday, and is arguably even funnier in person.

IS THE IPHONE AND A TECHNICATION OF THE STREET AND A TECHNICATION

Breaking down the hype

By Eilidh Rowe

Every time Apple drops a new iPhone model, the world collectively holds its breath, wondering: Is this the one? Is it really worth the investment?

With prices soaring higher than ever, the question is even more relevant. So, let's break it down—what does the iPhone 16 offer, and does it live up to the hype?

Design and Display: Sleek but Familiar

At first glance, the iPhone 16 doesn't stray far from its predecessor. Apple sticks to the familiar sleek design, with small tweaks that feel more like refinements than a revolution. The edges are slightly more curved and a bit lighter, but nothing dramatically different. However, the display is where the phone excels.

The new screen is brighter, with deep-

er blacks and enhanced contrast, making everything from streaming to gaming look stunning.

Camera: The Best Yet?

The camera is always a key selling point, and the iPhone 16 is no exception. Apple has introduced a new ultra-wide sensor with improved low-light performance, perfect for night photography or dimly lit rooms.

The Pro models come equipped with a 10x optical zoom, bringing DSLR-level quality to your pocket. The Al-powered features, such as enhanced portrait mode and real-time adjustments, help even amateur photographers capture impressive shots. For social media enthusiasts or photography hobbyists, this camera could be worth the upgrade.

Battery Life and Charging

Spending all day at

university, a good phone battery is a must. Apple claims the iPhone 16 has a slightly better battery life than previous models - about an hour more than the iPhone 15. MagSafe charging returns, but faster-wired charging is still absent, which may disappoint those looking for a speedier refuel.

The Price: A Tough Pill to Swallow

Let's address the elephant in the room - price. The iPhone 16, especially the Pro models, pushes well into the four-figure range. For many, this is the make-or-break factor. While Apple's premium devices have always commanded a higher price, but the question remains:

Are the iPhone 16's upgrades worth the investment? For those upgrading from older models like the iPhone 12 or earlier, the jump may feel more significant, but for iPhone 14 or 15



Credit: Trusted Reviews users, the upgrades likely wouldn't justify the cost.

Conclusion: Who Should Buy It?

So, is the iPhone 16 really worth it? If you're coming from an older iPhone model (pre-14), or you're a tech enthusiast who needs toptier performance and cutting-edge features, the iPhone 16 will feel like a meaningful upgrade.

However, if you're currently using a newer phone, the upgrades really aren't substantial enough to justify the price tag. In this case, holding out for the iPhone 17 (or whatever comes next) might be the smarter choice.



FIND OUT WHAT ALBUMS OUR EDITORS ARE LISTENING TO

KEVIN MUSIC GANGGAJANG - GANGGAJANG

EDITOR IN CHIEF SABRINA CARPENTER - SHORT N SWEET

DEPUTY EDITOR
HOZIER - UNREAL UNEARTH

EILIDH ENTERTAINMENT & TECH FONTAINES D.C - ROMANCE



OASIS ARE BACK

Or are they?

By Kevin Maguire

When Keith Cameron from NME first reviewed Oasis' debut album Definitely Maybe in 1994, he countered the band's loud critics who cried of simplistic songwriting and immature brothers by saying "This, damn it, is rock as it's meant to be rolled"

30 years later, the sentiment has lost no validity. Even discounting the band's later albums, that first record has sold out shows across the country as Liam Gallagher performed it alone this year. Clearly, it remains rock as it was meant to be rolled.

Liam performed it alone be-

cause of a world famous, volcanic falling out with his brother Noel.
A conflict that seems to have only escalated over the years.
But on a random Tuesday, the world found out it wasn't actually all that bad, they're back in action. Ready to bring all the hits

Except they're not.

together. Finally.

Like any band, Oasis' tenure saw their band members re-

back to the world. Oasis. Back

volve over the years, but in the 90s, arguably their greatest window of output, they had a solid lineup of four. Consisting of, of course, our two marvellously cocky brothers as well as Paul 'Guigsy' Mcguigan and Paul 'Bonehead' Arthurs. Original drummer Tony McCarroll was replaced by Alan White shortly after the release of Definitely Maybe. Keith Cameron highlighted these men's additions to Definitely Maybe in his review, noting that the sound would not be what it was without them.

So where are these men in the conversation of brotherly love?

Well, they're nowhere, because this is not an Oasis reunion, it's a family reunion. And to some, that is unacceptable. But to the hundreds of thousands

Renuion pic by Simon Emmett who are barge back in ac- ing at the Ticketmaster gates g all the hits for entry, it's water off a duck's Oasis, Back back.

> The music is just that transcendent. The Adidas Sambas, bucket hats and parkas in the crowd couldn't care less who isn't there because the last

time Noel and Liam were up playing Colombia together, you can make a safe bet that all of those dads and uncles were



Liam playing in Hampden, 2022, by Craig Kelly

having a much simpler time of life.

And that's what music is. An escape. As much as I would love to see its original lineup take the stage, I am perfectly content seeing the Gallagher show because the music will always mean more to me than the men playing it.

The time may come and I may be proven wrong, but it would struggle to impact the legacy of Oasis because, as Keith Cameron delightfully put it: "Oasis have encapsulated the most triumphant feeling.

"It's like opening your curtains and seeing someone's built the Taj Mahal in your back garden and then filled it with your favourite flavour of Angel Delight.

"Yeah, that good."

TRAIL WEST ALBUM REVIEW

Teuchter tunes and toe tappers

By Peter Mackay

'Thirsty Work' arrives as Trail West's fifth album, hitting shelves eleven years after debut release 'One That Got Away'.

A fitting title for this album, as a reflection upon the band's journey from a wee four-man ceilidh band that played in boozers such as the Park Bar, to a six-piece powerhouse that is on the tip of the tongue for every trad fanatic across the country.

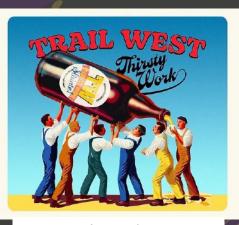
A production which sounds of the highest class, this ten-track collection strikes the perfect balance of what we know as the strong and recognisable sound of the band, with a fresh modern sound landing this piece of work a high score.

Regarding the recognisable sound, that is exactly what the first song on the album delivers to the ear. Ar Canan's ar Ceol opens as an incredibly catchy and strongly sung Gaelic tune. As a non-gaelic speaker, this track in particular of those sung in the native tongue stands out with the simple but effective chorus that any of us could manage to sing the tune of.

A majestic cover of an Irish classic, Tipping It Up To Nancy is a toe-tapping tune sprinkled with that Scottish twist thanks to some powerful singing and playing. There is a perfectly executed contradiction in this song, as the fast-paced jig-type rhythm balances out the morbid lyrics which were originally written about an old Irish woman drowning her husband.

Peggy, My Love is a personal favourite and could be considered the

strongest track on Thirsty Work. The heart-touching lyrics connect to loving relationships and having to make sacrifices for a homeland far away. They pair perfectly with the accordion and whistle tune. All of this, before we are landed with another singing voice on the track. Gaelic speaker Eilidh Cormack elevates the song to a whole other level not only on her verse of the song but even more so when harmonising with multi-instrumentalist and lead vocalist Seonaidh MacIntyre.



Credit: Trail West

The English translation of Cormack's verse is an interesting read and allows us to connect with the song even further. "I'll always climb Finnan's Seat To look over the loch And long for the life that I refused." Peggy, whom is the main topic of the song, reiterates what may be a relatable thought for a lot of Highlanders. Although the prospect of flashy city life may be appealing, the love of the homeland is difficult to top.

Only Gonna Break My Heart is probably the most unique track on the album. A fast-paced tune combines the ever-popular genre of Western country and traditional Scottish. In

true Trail West fashion, the two culminate perfectly to deliver a toe-tapping extravaganza. On paper, the idea sounds brave, and it is, but the delivery of the Americanised vocals coupled with the brazen accordion tune mid-way through makes for a proper belter.

The penultimate track on Thirsty Work feels like a long-time-coming culmination of every development Trail West has had over the past five or so years.

Telling the tale of reflection upon a wedding, First Dance has a production value which is hair-raising, as MacIntyre's clever and powerfully delivered lyrics merge perfectly with a piano-backed rhythm which transcends into a catchy and ever-rising bagpipe riff. A truly special track which is very much the 'poster boy song' for an album which has not only discovered new sounds but revisited and perfected old ones too.

With a balance of lyrics, sole music tunes, and several different styles of genre all placed within Thirsty Work, the band have given themselves the perfect album to listen to when kicking about the house, but one in which the prospect of hearing live seems magical.

The headband heroes have already had a remarkable rise to fame by producing pounding albums and explosive live performances. An already well-loved staple of the Scottish trad scene, the Glasgow-based band could be about to skyrocket their careers, and legacy even further with this magnificent release.

BANDS' MUSIC SHOULD SOUND THE SAME

Repeating Hits Aren't a Hit Job

By Sophie MacGrain

"It truly is a lazy effort, but because Catfish And The Bottlemen know that it'll go down well and ultimately succeed, there's no point in changing that, right?"

These are the brutal words of Luke Nuttall from The Soundboard when he reviewed Catfish and the Bottlemen's 2019 album, The Balance.

Well, here's a hot take for you: I think artists' music should all sound the same.

I get it - you think they're overrated. Their music isn't your taste. In fact, you think your music taste is superior. You think the front-man of that one band is an arse and you refuse to hear anything otherwise. We get it. We all have opinions on artists, like we do with 99% of things which exist in our lives.

But let's be honest - disliking an artist because each song in their discography sounds similar is often a copout. You just don't like how their music sounds, and that's okay. Because if you did like their music, you'd be buzzing that each song sounds like the next. At least they're consistent. There's something reassuring about knowing what to expect from an artist. It's a testament to their signature sound, a hallmark of their brand.

from a musician, then I'm inclined to listen to the rest of their discography, because I want to hear songs similar to those that I like. And I'll admit it myself, I've lost interest in artists who put out a really good album, then completely switch it up with their next release.

Look, I know I'm being a bit tenacious. And in reality, I do admire artists who venture into new sounds and genres, evolving their style and bringing their fans along for the ride.

However, there's also something special about artists who stick to their guns, perfecting a particular genre and sound. Isn't it wonderful to hear a song and instantly know who the artist is based solely on their distinctive style? Or to recommend other artists who share that same unique vibe?

I just think we have to lay off the artists who commit to the bit and have found a genre and a sound which they and their fans alike love and resonate with.

In the end, there's value in both consistency and evolution. But let's not undermine the joy of musical familiarity and the comfort it can bring.

(And can we please give Catfish and the Bottlemen a break. Thanks.)

- Picture Credit: Catfish And The Bottlemen

DIE WITH A SMILE MUSIC A pop duo we didn't know we needed

By Lucy Wilson

Two of modern pop's biggest icons have teamed up to release a rhythmic love ballad, complete with a showstopping music video.

The video, directed by Daniel Ramos, released on (August 16th) opens in a retro recording studio, Lady Gaga sits at a piano and Bruno Mars stands on electric guitar, both drenched in 60s americana ready to bring romance back to

the charts.

The two first teased fans of their collaboration on Instagram only days prior to announcing the release their newest single, with both taking to social media to post pictures wearing one another's merchandise.

The collaboration was initially pitched by Mars, Gaga said: "Bruno and I have a lot of mutual respect for each other and were talking about collaborating.

"I was finishing up my own album in Malibu and one night after a long day he asked me to come to his studio to hear something he was working on."

"It was around midnight when I got there, and I was blown away when I heard what he had started making. We stayed up all night

and finished writing and recording the song.

"Bruno's talent is beyond explanation; His musicianship and vision is next level. There's no one like him."

Neither of the singers have been absent from the industry for long, with Mars' last output being his grammy winning collaboration with Anderson Paak: An Evening with Silk Sonic.

Gaga last fed her fans with a powerful anthem of hope in 'Hold my Hand' a song ADY GAGA & BRUND MARS

created for the 2022 film,

'Top Gun: Maverick'

This return is a display of the two artists' prowess across genres as Mars returns to his classic grenade catching; melodic roots and Gaga draws upon her learnings from Tony Bennett to provide heart-wrenching honesty of the heart.

If the two should find the time to continue this partnership -as Gaga stars in Joker: folie à deux releasing October 4th, while Mars continues his Las Vegas residency with dates up until December of this year- it will be one for the ages.

- Picture Credit: Lady Gaga and Bruno Mars

TINTOKER HEATHER BOWLING IS FOR THE LUXURIOUS LASHES

By Boss Babes is back with a new natural formula set to grow those lashes

By Maya Amir

TikTok sensation, Heather Bowling brings feminism to lashes. All the girlies are raving about her continuous serum product. Lash CEO By Boss Babes is returning with exciting changes.

The queen herself and the fabulous entrepreneur, Megan Jones launched their own lash serum brand in December last year ensuring long healthy lashes. The team sold out in over a week after launching with a lot of positive responses.

coming soon.

She announced that they are working on a new formula for a brand-new lash serum

It's been chaotic for By Boss Babes as there are many more customers who are eager to get hold of the new product with the popu-

larity increasing. You can subscribe to their website, bybossbabes.com, to receive a new lash serum every twelve weeks.

The product has already been sold to over 15.000 people and has an endless amount of feedback praising the amazing team.

Fans that had been following Hev for a while were ecstatic she was turning into a businesswoman and bringing her secret weapon to her audience.

Megan works behind the scenes profusely with product development and fulfillment.

Megan said: "The sales have gone crazy. The demand is continuously growing."

The businesswoman genius mentioned the brand loves the engagement with customers and wants to continue that in the future.

On By Boss Babes social medias and website, many fans have posted before and after pictures of their lashes with noticeable changes in the length and volume.

By Boss Babes has mentioned on their

platforms about the importance of the lash cycle. Customers have understood their own lashes a lot better with the information the brand has promoted. There are different stages in the lash growth and the lash serum focuses



on prolonging the telogen phase where one's lashes would normally fall out. By using this product, the lashes will instead stay and look longer and fall out after an increased amount of time. Lashes do fall out to make room for stronger ones, but shedding is normal.

Megan said: "Everyone's got a different lash cycle, everyone's lashes grow at different rates"

Lash CEO By Boss Babes does not contain prostaglandin which is hormone-like, which can lead to eye irritation. The brand's serum does have all natural ingredients, and the new product will have panthenol which promotes hair growth.

The future of this brand is exciting and bright as the fan base and customers continue to leave positive comments.

Hev said: "The process of Lash CEO is

the most exciting and surreal experience watching an idea of yours grow into a business! No doubt it comes with stress and anxiety about the future, but we have long term goals which we work towards every day. There is always something exciting

> being planned whether it's brainstorming new ideas for products, event planning, redesign and even the intensity that comes with when we relaunch!"

Hev's personality makes her fashionably unique, but many gals are in awe over her luxurious lashes.

and they now have the answer.

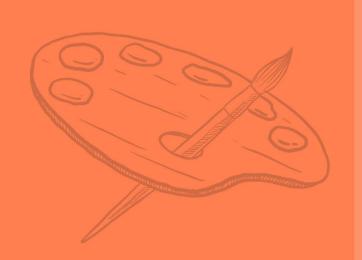
Stay tuned and sign up for the relaunch of Lash CEO By Boss Babes to receive the most natural treatment of your life.



All picture credit goes to By Boss Babes

BEYOND THE BRUSH

A Vincent Van Gogh Exhibition



By Paul Brady

This summer, the Scottish Event Campus (SEC) in Glasgow hosted a unique event for art enthusiasts- Beyond Van Gogh: The Immersive Experience. This was a rare opportunity for Scottish art lovers to step into the vibrant mind and work of Vincent Van Gogh in a whole new way.

From the moment you step through the front door, the exhibit immerses you in Van Gogh's world, starting from 1853. It provides a rich context into the artist's family relationships, which played a crucial role in shaping his legendary status in the art world.

In the first part of the exhibit, you are met with quotes such as: "Two things that remain eternally true and complement each other, in my view are: don't snuff out your inspiration and power of imagination, don't become a slave to the model; and the other, take a model and study it, for

otherwise your inspiration won't take on material form." - Vincent Van Gogh, 5 November 1882. These quotes take you inside the work of the creative and his mindset, allowing you to feel and think about what he did during the most critical years of the revolutionary painter's short life.

As you enter the final room, you are enveloped in a 360 ° view of Van Gogh's work,

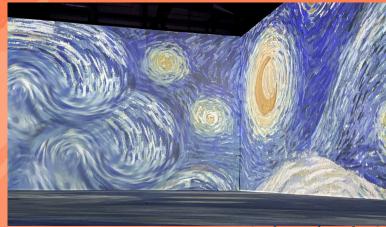
Credit: Paul Brady

AND INTO THE MIND

projected on every surface. It's as if you've stepped inside the artist's mind, watching him paint on canvas.

The blend of the original brush and digital animation to create movement within the world of

Van Gogh creates a once-in-a-lifetime experience to enter the creations, going beyond admiring the classic work you would see in museums.



Credit: Paul Brady

While the projection room does give you an invitation into Van Gogh's mind, the lack of coverage above does rob you of a sense of complete escape. The room could've been utilised further, and you leave with a missed opportunity at not seeing the legacy-defining 'The Starry Night' on the roof in all its glory.

Despite this, one of the quotes at the entrance of Beyond Van Gogh: The Immersive Experience at Glasgow's SEC rings true, "Find things beautiful as much as you can, most people find too little beautiful" - Vincent Van Gogh, London, January 1874. When you leave the exhibit, you genuinely believe you have found something beautiful. It is a unique experience highlighting the most renowned artists' most famous and underrated works.



THE EDINBURCH JAZZ BAR

By Max Clark

The Edinburgh Jazz Bar in Chambers Street has reopened in triumph, just in time for the 2024 Fringe and Edinburgh Jazz Festival. The space closed earlier this year, leaving a gaping void in the city's nightlife and live music scene. However, a passionate fellowship of night owls and jazz cats banded together to save their beloved bohemian hideaway. Over £30,000 in funds sourced entirely through crowdfunding has allowed the basement bar to open its doors once again, flourishing as a non-profit social enterprise.

It was a community that assembled to rescue Edinburgh's jazz haven. Here we explore and celebrate the genre's indisputable influence on community, fashion, culture, politics and society.

The 1920s was an era characterised by bold innovation, daring and rebellious attitudes and a cultural emphasis on youth, leisure and luxury. Jazz's influence on the fashion of this decade cannot be understated. Only a mere few years after the first jazz standards were conceived, the music was already having a major impact on American society, causing it to break away from the stale conventions of the pre-WW1 west. Clothing designed for playing jazz music meant many American women

went without a corset for the first time. This movement not only created new aesthetics for women's dress, but also pushed clothing design to prioritise comfort and practicality. Clothing and accessories were created for the sole purpose of dancing to jazz, particularly big band performances. Fluid fits and eccentric colour schemes continue to influence contemporary fashion today.

Jazz is deeply embedded in the DNA of hip hop. This is most apparent in the alternative jazz rap movement of the early 1990s, popularised by the Native Tongues Collective. The likes of De La Soul, Jungle Brothers, Digable Planets, the Roots and A Tribe Called Quest are immortalised within the genre as the forefathers of an aesthetic mark that would inspire, not only the breadth of the Hip Hop spectrum, but also contemporary music as we know it. These pioneers would take old jazz records and breathe new life into them through the practice of sampling. This technique involves taking a preexisting musical piece, exporting it from a turntxable and putting it into a sampler, and then chopping, pitching and looping to unlock new rhythms and melodic progressions, often unrecognisable from the original piece. Many jazz rap records include a handful of samples in every song. Some of the early De La

ARTS & CULTURE

Soul tracks boast an abundance of samples – their debut album features over 70 across its 24 tracks. The wider influence of jazz sampling can even be seen in contemporary pop music; many avid popular music fans are blissfully ignorant to the fact that their favourite tracks are built on the foundation of music conceived decades ago. From Rhianna to Charlie XCX, these pop juggernauts are all indebted to jazz.

Jazz's influence on politics and social progress is well documented, the most famous example being that of the civil rights movement in the United States. The genre was at the forefront of a cultural shift, providing the soundtrack to a revolution that would bring millions of oppressed Americans closer to equality. The scene gave African Americans, not only a sense of community and representation, but was also one of the first legitimate economic vehicles for black Americans. The influence of jazz trumpeted into the future, inspiring the likes of elegiac songwriter, Gil Scott Heron and the furiously charged Public Enemy.

While Jazz shifted society in the States, that very same music was fuelling a revolution in its ancestorial home, Africa. Pan-Africanism was a political movement calling for a united Africa. The movement and ideas were adopted

by a variety of groups with widely ranging manifestos, but the fundamental pillars were an end to neocolonialism, the redistribution of industry and a mass reform of state throughout the continent. The movement inspired not only a wave of politically minded jazz musicians across Africa, but also across the Atlantic. Many pioneers of the jazz scene in the United States were infatuated with the Pan-Africanism movement. The likes of John Coltrane, who had a close association with Nigerian percussionist and activist Babatunde Olatunji, and Sun Ra were among many forward-thinking musicians who actively engaged with these political ideals. This is not only an example of jazz's dramatic influence on geopolitics, but also demonstrates the creation of a space in the mainstream for the ideas and concerns of African Diaspora.

Jazz has provided art, security, inspiration and liberation to communities through the decades, from humble basement jam sessions to world-changing political movements. This unique relationship between art and people has created a delicate and powerful ecosystem which sustains and nurtures both. The community that came together to save the Edinburgh Jazz Bar serves as a powerful reminder of this relationship, a relationship to which music fans are forever indebted.

IDIOTSTop tips for trave

By Eidane Montgomery

Exploring new places can be great thing for couples, it gets you out of your comfort zone and who doesn't love a holiday?

This year my partner and I have travelled to three countries Norway, Majorca and Holland so far which has been an unforgettable experience of getting to see different cities, cultures and learning things about each other we may have never known at home.

However, travelling can have its difficulties and it is important to be prepared to face challenges that could end your vacation before it even begins...

Collaborate and Communicate!

When planning or even proposing a possible holiday one of the most important things is to be considerate of the other persons ideas. You may have a dream destination already mapped out but so could your partner. Their ideas are just as important as yours so find that middle ground that will make you both happy.

Clear communication is the best way to make sure nothing gets lost in transit and everyone needs are met. However, it is important to put your ideas across in a non-blaming way as you don't want to put your partner on the defensive which could stall any hopes of a positive conversation and could also create further tension down the line. Choose a time that's best for both of you to discuss your plans and listen to any ideas respectfully.

This was something I learned the hard way when travelling to Majorca in early Summer. We were travelling with another couple who I realised had very different expectations for this vacation than we did in terms of sightseeing and attractions. While the experience was still amazing there are certain places that I still wished I could have visited during the trip.



Majorca. Credit: Eidane Montgomery

ABROAD lling as a couple



Roll with the punches

Things can't always go your way and that can be tough to acknowledge but it's important to react in a mature way. Remember you are not alone, how you and your partner deal with bumps in the road can make or break a relationship.

A situation where that was made clear to me was our trip to Oslo at the start of the year. Norway was facing one of the coldest in recent years with massive snowfall and ice cold temperatures of thirty degrees below zero. When we arrived, after a lethal trudge through Oslo's ice laden streets all I wanted to do was get out of the cold and into a warm bed. We were outside the apartment we had booked for the night but strangely had no way to get in. It was eight o'clock and -25 degrees when we found out the room we booked had never been available at this time.

Stranded for nearly three in a freezing foreign country with low phone battery and nowhere to go it could have been easy to panic but thankfully I was not alone. Having someone to rely on helped us get out of what could have been a very scary situation. It was vital that we stuck together and somehow found ourselves a place to stay before the night was done.

It could be easy to just give up or isolate yourself when faced with hardship during a vacation but that does no one good, together I know my partner and I can take on the world and we will someday.

Have fun

This is by far the most important tip I can give anyone travelling with a partner, in a group or by yourself: just have fun. Remember you're on holiday, life doesn't have to be made up of picture-perfect scenes you can stick on your Instagram. Sometimes it's better to put your phone on silent and enjoy the time you have with the person or people you love. You're in a place you've never been before and while photos do last a lifetime, the memories you create will go even further.



IBROX TO A Rangers

1 EUROPEAN CUP WINNERS' CUP BROXS

By Cameron Murray

work will take longer to complete.

Rangers Football Club, one of Scotland's most successful football teams, have been at Ibrox for 125 years but now find themselves at Hampden for the start of the 2024/2025 season.

Hampden is the permanent home of the Scottish National Football Team, situated in Mount Florida, southeast of Glasgow.

Ibrox Stadium is cherished by Rangers supporters, so there are fans and season ticket holders who are not exactly thrilled to be relocated to Hampden.

Don Currie said: "I'm not a fan of Hampden! The sooner we're home at Ibrox, the better."

Most of the Rangers' faithful are not convinced about their temporary home, for several reasons, fans are far too far from the pitch, there's not any decent public transport links, and the quality of parking could be better.

Glasgow Rangers have moved to Hampden Park due to delays in obtaining materials for the Copeland Stand renovation, which means John Mair, a supporter from North Ayrshire, said: "What disturbs me most about playing there at this time is that it's down to our board's mismanagement of the current refurbishment of the Copeland Road.

"There is no official word from the club about when we will return to Ibrox, but rumours suggest early September. Every Rangers fan sees Ibrox as home."

Ellie Muir is an avid young supporter who never misses a match at Ibrox and she shared much of the same sentiments:

"Ibrox is a place that feels like home – every game, the crowd makes you feel proud to be a Rangers fan."

Ibrox, the third-largest football stadium in Scotland, has a rich history and legacy. First opened on December 30, 1899, it remains one of the most special landmarks of the Scottish game.

Ibrox Stadium replaced Ibrox Park, the first home of Rangers FC, after the Ibrox Disaster, in which 25 Rangers fans sadly died back in 1902.

SPORT

FG Journey

METO 34 SCOTTISH CUP WINS Credit: Winston Tjia

The new ground opened during an Old Firm march on 19 September 1981, and has stood the test of time ever since.

Rebecca Carroll said: "Ibrox represents all forms of life, both past and present, and that is most special. The way it represents the Ibrox Disaster, our war heroes of both past and present show that Ibrox has that way of making you feel special."

Ibrox's grand design, red sandstone architecture, and beautiful marble staircase have established it as a revered place to support the boys in royal blue.

Rebecca added: "Ibrox is most special to me as it's a place of diversity, where all different walks of life can come together without judgement."

Glasgow Rangers supporters have experienced many unforgettable moments at Ibrox, a stadium with a special place in every fan's heart.

It is where Rangers won their first European trophy - the European Cup Winners Cup on 24 May 1972 in a 3-2 victory over Moscow Dynamo.

It is no wonder that Rangers sup-

porters treasure their trips to Ibrox

– it is a place where memories are
made and dreams come alive.

Ellie shared her most cherished moment at Ibrox and why it will remain with her forever.

She said: "My most special memory at Ibrox is the night we played Borussia Dortmund in the UEFA Europa League. The buildup to the game was amazing as we won 4-2 on 17 February 2022, the week before we played Dortmund.

"The pre-match atmosphere was electric! The fans came in full force to support Rangers despite the freezing weather. We saw the Union Bears march with fireworks and flares. I felt both nervous and excited. Walking to the stadium was an indescribable experience – truly special. The hairs on my neck stood up when the players came out to everyone clapping and cheering."

Ibrox is a special place held dear to every Rangers supporter, and the fans long for home. It is a place with history, success and legacy.

Hampden will be used until late September and until work is completed, Rangers await the return to their beloved stadium.

CONSISTENCY NEEDED AFTER SLOW START

By Matthew Muir

The favourites of many to clinch the League Two title, Clyde are a club of which people have high expectations of, not least of all their supporters.

A tumultuous start to last season signalled change in the dugout with Ian McCall appointed manager in November. The Bully Wee slowly began to improve under the leadership of the former Partick Thistle boss and secured their SPFL status by narrowly avoiding the relegation playoff on the final day.

The close season was positive off the field with the return of Allan Maitland as Chairman, who is the last manager to lead the club to a league trophy in the 1999/2000 season. Maitland was quick to tie down McCall's services with a new contract enabling the 59-year-old with the tools to conduct the business he deemed

necessary for a promotion push.

That heavy investment saw ten new players put pen to paper, including loan deals, with popular Jordan Allan joining on a season-long secondment from Falkirk alongside permanent deals for players of Championship and League One calibre with former Airdrie and Queen's Park defender Paul McKay, forward Lee Connelly from Queen of the South and ex-Hamilton midfielder Marley Redfern.

On the back of those experienced signings and with waves of optimism swirling around New Douglas Park, the best case scenario for Clyde supporters would have been at least ten points from their opening four games and put down an early marker on the league. However, at the time of print, the Bully Wee are eighth in the table, having only yielded four points from the first 12 on offer.

The league remains in its infancy and despite an underwhelming start, there is no need for any alarm bells ringing at

this stage, but for those within the club to have expected a few more points on the board is understandable.

McCall's men followed up an opening day stalemate away to Forfar with victory over Stranraer, before consecutive league defeats against Stirling Albion and Bonnyrigg Rose.

However, the running theme of their initial league business has been an inability to take full advantage of their chances. This was particularly evident in their defeat to Stirling with over 60% of possession and nine out of their 15 shots on target, but no goals to award their dominance. And despite being reduced



Credit: Matthew Muir

to 10 men against the Rose, more composure in front of goal during the first half could have resulted in a comfortable three points.

As the old saying goes, if you do not take your chances, you do not win games of football and this has arguably prevented the Bully Wee from living up to their promotion favourites tag in their early league outings.

With one win in their first four, an early warning for Clyde would be that they need to find a level of consistency, build on it and be more clinical in the final third, and quickly.

SPORT

COU CALEDONIAN CHARCERS Come and try!

If you're looking for something new to try, GCU's Esports society might be for you.

Esports – electronic sports – is a spectator sport that involves organised competitions between professional and amateur video game players or teams. The Caledonian Chargers cater to all fans of Esports and Esport-related games, including League of Legends, Overwatch, Rainbow Six Siege, Valorant, CSGO and many more!

NOGA

Credit: Ethan Paterson

GCU Esports gladly welcomes every gamer from every background, it doesn't matter if you barely play any games or you only like one game – they are here to discuss, compete and socialise!

Some of their upcoming events include a social meet up on September 30th at NQ64 to see who can get the highest score on the arcade machines. But don't worry if you miss it – they have weekly NSE/NUEL games during the academic season against other universities across the United Kingdom! They also have bigger events in collaboration with Strathclyde and University of Glasgow's Esports societies for seasonal holidays like Halloween and Christmas!

The Caledonian Chargers were named society of the year for 2023/24.

If you'd like to find out more – head to their Instagram @caledonianchargers.



Credit: Student Association

A OSA WITH COU DANCE

Our Sports Editor Matthew Muir sa Paterson as she looks



What are your plans for the year ahead as President?

"Alongside my vice president, Hannah, we are wanting to make dance bigger, so this year we have introduced three new competition teams and two new recreational styles! This will hopefully encourage more students to get involved with a wider range of styles and allow everyone to become more diverse in their dance skill sets."

How much are you looking forward to hosting auditions, such as, tap, jazz, ballet and hip hop as well as the first social of the year?



"Hosting auditions was one of my favourite parts of last year, so I am very excited to do it again! It is amazing to see all of the new talent and after months of planning competition routines to finally see them come to life!"





SOCIETY'S NEW PRESIDENT

t down with Dance President Amy ahead to a new year...



Over the years, the dance club have organised many different socials, for example, I'm a Celebrity and Halloween. Can you give a taste of what is coming up?

"Our socials are the best! It is an amazing opportunity to get to know each other and I personally found that going along to socials was when I really got to know everyone. Our social coordinators, Ellie and Eden, do an amazing job of organising themes, so it's always fun and different each week!

Why is it important to get new recruits during freshers and what is your message to students starting GCU?



"It is so important to get freshers involved with GCU Dance! As a fresher myself dance was the place where I found a lot of my friends, so I would really encourage anyone, even if they have not danced before, to come along and give it a try!"

The committee will be at the Freshers' Fair on 16 and 17 September before their first social on Wednesday 18. Auditions are set to be held during the second and third week of Trimester A. More information can also be found on Instagram: @gcudance







T&Cs Apply.