

<b>Committee Title</b>	Student Voice																	
<b>Date of Meeting</b>	12 <sup>th</sup> February 2018																	
<b>Item Number and Title/Subject</b>	Ideas																	
<b>Paper Presenter</b>	Jonnie England, Chair of Student Voice																	
<b>Brief Summary of Issues/Topic</b>	<p>There are three Ideas eligible for discussion by Student Voice.</p> <table border="1"> <thead> <tr> <th>Idea</th><th># of Likes</th><th>Proposer</th></tr> </thead> <tbody> <tr> <td><a href="#">Nap Pods</a></td><td>24</td><td>Callum Smith</td></tr> <tr> <td><a href="#">Reusable takeout containers in the cafeteria</a></td><td>4</td><td>Paula Linnea Hirschganger</td></tr> <tr> <td><a href="#">Re-assess the uni wide ban on energy drinks.</a></td><td>4</td><td>Thomas Patrick Jarvis</td></tr> </tbody> </table>						Idea	# of Likes	Proposer	<a href="#">Nap Pods</a>	24	Callum Smith	<a href="#">Reusable takeout containers in the cafeteria</a>	4	Paula Linnea Hirschganger	<a href="#">Re-assess the uni wide ban on energy drinks.</a>	4	Thomas Patrick Jarvis
Idea	# of Likes	Proposer																
<a href="#">Nap Pods</a>	24	Callum Smith																
<a href="#">Reusable takeout containers in the cafeteria</a>	4	Paula Linnea Hirschganger																
<a href="#">Re-assess the uni wide ban on energy drinks.</a>	4	Thomas Patrick Jarvis																
<b>Recommendation(s)</b>	Information		Discussion		Approval	X												
	<p><b><i>Any member can ask a question by raising their voting card and being recognised by the Chair to speak.</i></b></p> <p>Student Voice is asked to discuss and decide whether to approve Ideas.</p>																	
<b>Who have you consulted when developing the paper?</b>	Unknown																	
<b>Staff/Student Protocol</b>	Yes		No	X	N/A													
<b>Will any decision approved directly affect the work of staff?</b>																		
<b>Should the paper be submitted to any other committee following its consideration/approval at this meeting?</b>	<p>The Ideas were presented at the Executive Committee meeting on the 6<sup>th</sup> February 2018.</p> <p>The Ideas will be presented at the meeting of the Trustee Board on the 26<sup>th</sup> February 2018 for consideration.</p>																	
<b>If yes, please state the committee and proposed date of submission.</b>	<p>Ideas are available on the Students' Association website at <a href="http://www.GCUstudents.co.uk/ideas">www.GCUstudents.co.uk/ideas</a>.</p>																	

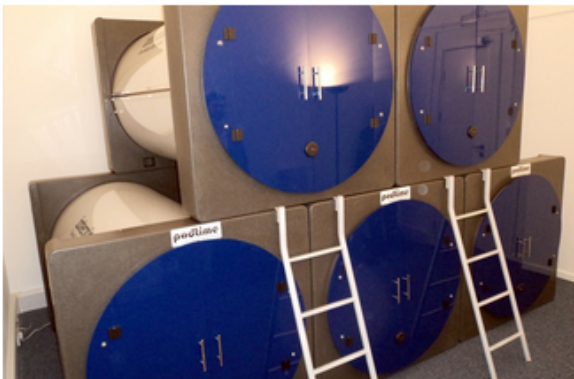


## Nap Pods

by [Callum Smith](#) 12 December 2017, 14:31

Category: Wellbeing

Voting closed



With deadlines fast approaching and more and more students practically living on campus, nap pods would be an ideal place for a quick nap and recuperation period. With "self care" becoming more and more important with students balancing heavy work loads be it university or paid work, nap pods would provide an ideal opportunity for the SA to promote and actually facilitate such policies.



## Reusable takeout containers in the cafeteria

by [Paula Linnea Hirschganger](#) 17 January 2018, 16:00

Category: Catering

Voting closed

Replace the single use takeout containers in the cafeteria with reuseable ones, as shown in this video (starting 3:27):

<https://www.youtube.com/watch?v=5qx2WFpNTPs>



This will not only help reduce (plastic) trash by a significant amount, but also save money in the long run and make the campus a cleaner place.



## Re-assess the uni wide ban on energy drinks.

by [Thomas Patrick Jarvis](#) 18 January 2018, 00:47

Category: Catering

Voting closed

The Re:Union Bar & Grill recently stopped stocking energy drinks when it came to light that the university didn't provide them anywhere else on campus.

I can see two possible reasons for the ban:

1. High caffeine content.
2. High sugar content.

If number 1 is true, then the university needs to reevaluate the provision of coffee, tea, and chocolate on campus, all of which contain caffeine. Coffees especially are available with extra shots, leading to similar levels of caffeine. If this is the reason it's like banning shop robbery, but home robbery remains legal. Prohibition of caffeine is not going to prevent students from consuming it, especially when it is available in other forms.

Number 2, would be more fair as sugar is unhealthy. The issue is however, sugar free variants of energy drink exist, and full-sugar soft drinks are readily served across campus in vending machines and cafeterias. This is also illogical.

If health is an issue, then there is plenty more to ban before a healthy campus can be claimed. And if health is indeed an issue, why are the 0 kCal energy drinks banned? Especially since, compared to your typical soft drinks they contain more vitamins (generally, and brand depending).

It seems like a relatively misinformed view when the risk factors associated with energy drink use, especially sugar free energy drink use are less harmful than many other freely available products. Include comparisons against stress related risk factors related to high intensity degrees and you will see that even attending uni comes with the potential to negatively impact the health of a student.

The students inclined to consume energy drinks will surely continue, instead, purchasing them off campus and decreasing revenue made in the catering facilities.

If it's health related, a poor job has been done, and many more items need to be banned under the same rationale. Even doing that does not prevent students bringing these items in so is a fruitless endeavour.

In terms of business, they are a high acidity, sealed environment which prevents spoilage, and so even if sales are low for a few days, the stock does not need to be rejected. These products will amount to no loss, even if they take twice as long to sell, for that very reason.

Let's get the energy drinks back. Extra points if it is only the sugar free variants because sugar intake is a concern, and perhaps even a shift to diet versions of the popular soft drinks, but this is secondary to my main point.

