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As a GCU student you are automatically a member of GCU Students' Association. Primarily we are here to represent you to improve your GCU student experience. We also provide lots of services and activities that are explained in this handbook.

This handbook is for students on the Glasgow campus. We want you to feel part of the GCU community and Be part of something...Bigger.

Use your GCU username and password to login to our website to buy tickets for events; join a club, society or group; volunteer; submit an idea: vote in our elections or to change your email communication preferences.

- (f)/GCUstudents
- @GCUstudents
- @gcu_students
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hello@GCUstudents.co.uk 0141 331 3886

Full Time Officers

The Students' Association is led by four elected students known as Full Time Officers. They each have a responsibility to represent the views of students from all the academic schools and the wider student body. These roles are full time paid positions. They represent students from: School of Computing, Engineering and Built Environment (SCEBE), Glasgow School for Business and Society (GSBS), School of Health and Life Sciences (SHLS), GCU London and INTO GCU.



Vice President GSBS **Moses Apiliga**

E: VP.GSBS@GCUstudents.co.uk T: 0141 331 8424 **●** @VP_GSBS

Student President **Eilidh Fulton**

E: President@GCUstudents.co.uk T: 0141 331 8467

Vice President SCFBF **Susan Docherty**

ØVP_SCEBE

Vice President SHLS **Bethany Stevenson**

¥ @VP_SHLS

Student Voice

Student Voice meets four times a year to discuss the student experience at GCU and how it can be improved. It sets our priorities as a Students' Association, such as our policy or campaigns. Recent achievements of Student Voice have included the creation of a men's health and alliance group and establishing our position on the abolishment of graduation fees.

By getting involved in Student Voice, you will have a say on what happens on campus and meet lots of new people. There are dedicated spots on Voice for first year students and postgraduates and the meetings are preceded by friendly networking sessions over pizza.

www.GCUstudents.co.uk/voice

Student Voice has helped me integrate, make friends, feel involved and feel that I'm making a difference."

MAJA JØRGENSEN STUDENT VOICE MEMBER





Ideas

The Students' Association mission is to enable you to enhance your student experience. One way you can do this is by submitting an Idea. If other students think it's a great Idea too, it goes to Student Voice where it's discussed, debated and sometimes improved. Then it is voted on. Ideas that pass Student Voice become our policy and a Full Time Officer is assigned to make it happen. Ideas can be on (almost!) anything—from the creation of a student-led mental health group (being introduced this year!). to better signposting of vegan/vegetarian meal options, to abolishing graduation fees. These Ideas all came from students like you. What's vour Idea?

www.GCUstudents.co.uk/ideas

Academic Reps



Academic Reps play a crucial role in shaping the learning, teaching and research experience of their fellow students. Students are at the core of the University and the Students' Association works closely with GCU to ensure students are represented on all decision-making committees. Academic Reps gather student feedback and work with staff to create changes to improve the learning experience.

Class Reps

Every level of every programme should have Class Reps who are chosen at the beginning of each academic year. Your Class Reps will seek feedback on your learning experience and use these insights to address issues with academic staff and in Student Staff Consultative Group (SSCG) meetings. No experience is required as full training is provided and you get to help make our student learning experience better.

www.GCUstudents.co.uk/classreps



I decided to become a Class Rep to push myself out of my comfort zone and experience something new..."

JAMIE FERRIE CLASS REP

Being a Post
Grad Rep has
allowed me to see what
issues affect students on
a broader level."

CHARLIE BEAUMONT PGT REP



Department, PGT & PGR Reps

Representing students doesn't just stop at the seminar room doors—a valuable development opportunity for Class Reps is to become a Department Rep. Department Reps are involved in the decision-making process for their department and academic school. They are also offer support and guidance for the Class Reps in their department. Postgraduate students are represented at this higher level by PGT Reps and PGR Reps. These leadership roles all receive an honorarium each Trimester.

www.GCUstudents.co.uk/academicreps

Elections

In March, you will have the opportunity to vote and/or stand for your Full Time Officer team—the President and three Vice Presidents dedicated to each of the academic Schools. These Officers are the voice of the student body on University level committees including Senate and Court as well as working on a portfolio of policy remit areas such as wellbeing, careers, sustainability, sports and the international student experience. Any GCU student can stand in the election and you are encouraged to consider it—while it may seem a daunting task, it is also an amazing experience that will help you grow and realise your potential.

www.GCUstudents.co.uk/elections

It was a very uplifting experience and it boosted my confidence. The elections helped me engage with students and explore my potential."

2019/20 CANDIDATE



Liberation and Representation **Groups**

Did you know?

We campaigned and got extended opening hours in the Saltire Centre during the Exam Period.

We have a number of Liberation and Representation groups dedicated to communitybuilding, awareness-raising and representing the interests of those who self-define to the group. From Black History Month celebrations to Trans awareness vigil to Christmas Market visits, the groups are a great way to meet new people and get involved. This year, two new Representation groups focusing on Men's Health and Mental Health are launching. There really is a Liberation/Representation group for almost everyone!

Liberation Groups:

- ► Black or Minority Ethnic (BME) Students' Group
- Disabled Students' Group
- ► LGBT+ Students' Group
- ▶ Women's Group

Representation Groups:

- Care Experienced Students' Group
- International Students' Group
- Mature and Part-Time Students' Group
- ▶ Men's Health and Alliance Group
- Mental Health Students' Group
- Student Carers' Group

www.GCUstudents.co.uk/liberation www.GCUstudents.co.uk/representationgroups

Advice Centre



The Advice Centre is located at the entrance to the Students' Association Building. We provide a free non-judgemental and confidential service to all GCU students. If you experience difficulties during your studies we are here to help.

We are the only service at GCU that provides independent and confidential advice, guidance and representation to students on academic procedures such as Mitigating Circumstances, Academic Appeals, Student Disciplinary, Complaints and Harassment issues.







We also offer advice on a wide range of issues from accommodation to personal issues. Our Student Advisers will take the time to help you find a solution through confidential listening and support.

- Representation for Disciplinaries: Information on your rights within the GCU Code of Student Conduct.
- Problems on your course: We can assist to find a solution.
- **Exam Stress:** Help and support is available.
- Sexual Health: Access our free condom service and collect a pack of 12 condoms at every visit.

The Advice Centre is open Monday to Friday 9am to 5pm

Our three Student Advisers: Caroline, Meg and Kirsty, can be contacted by phone or email to make an appointment in advance.

You can also drop into the Advice Centre in the Students' Association Building.

www.GCUstudents.co.uk/advice | 0141 273 1650 | advice@GCUstudents.co.uk

LEAD LEAD ACHIEVE

Student Leaders Programme

Develop your leadership skills, enhance your employability and meet new people.

Open to all GCU Students that are actively volunteering on campus or outside of GCU.

It's really straightforward to complete. You'll attend a Core Workshop, identify the leadership skills you want to develop, and attend a Skills Workshop!

Register today and begin your leadership journey...



THE

The EDIT is the Students' Association award-winning magazine written by GCU students for GCU students. It is published in print and online and you can get involved while you study. The EDIT are always looking for volunteers to contribute, from writers and photographers, to designers and for help with social media.

Topics include fashion, arts and culture. news and features, music, writing reviews, entertainment and culture, sports or any other subject of interest to students.

www.GCUstudents.co.uk/theedit www.TheEDITGCU.com



lt's a great way to express yourself and switch off from the stresses of uni life."

> **MONICA ALLEN** THE EDIT VOLUNTEER **SINCE 2016**







Radio Caley is the Students' Association online radio station organised and co-ordinated by GCU student volunteers.

There are a number of roles that you can get involved in by volunteering, these include: production, presenting, fundraising, music, PR and technical. No experience is necessary and full training is provided.

www.GCUstudents.co.uk/radiocalev www.RadioCaley.com

Societies

Every society at GCU is run by students. There are around 60 active societies running events and activities throughout the year. There are academic, culture, faith, charitybased, social, interest and hobby-based societies. Many of these societies host weekly activities and events, so there's always something to get involved with.

You can also volunteer to be on a society committee to help run events and gain experience. If you can't see the society for you, then it's really easy to start your own! Visit www.GCUstudents.co.uk/societies or email societies@gcustudents.co.uk to find out more.















Sports Clubs

GCU Sports Clubs are collectively known as GCU Wolves and getting involved can help you to make new friends. have some fun, be active and feel good. There are around 30 different clubs, all organised by GCU students. Most hold weekly activities and participate in competitions throughout the year. You can also volunteer to be on a club committee and could be responsible for co-ordinating activities, leading the team on the pitch or organising social events. If you don't find a club you like then you can start your own.

Sports club membership includes personal accident insurance and where applicable use of club equipment. coaching, facilities, competition entry fees and subsidised transport; however, some sports clubs may make an additional charge for each activity.

www.GCUstudents.co.uk/sport





Being a member of a sports club gives you a sense of belonging. You meet new people through the years. Every day at University you'll start to see friendly and familiar faces which will make you feel more at home"

> **RYAN DEVENNEY COMMITTEE MEMBER** MEN'S FOOTBALL



Nightline Volunteering

Nightline is a confidential listening and information service for students. It is run by trained student volunteers who respond to information requests but also provide non-directional and nonjudgemental listening via phone, text and online chat.

You can call the service on **0141 55 22 555** from 7pm to 7am. Monday to Friday, during term time (Trimester 1 and 2).

Interested in becoming a Nightline volunteer? Find out more at www.GCUstudents.co.uk/nightlinevol



Sustainability

At GCU Students' Association, we take the ethos of sustainability seriously. We work hard to reduce our impact on the environment and to support student led sustainability campaigns and societies.

Here are some of the ways you can get involved:

- Join the Ethical and Environmental Group. Be involved in developing and implementing this year's green campaign!
- Join and contribute to the Ethical and Environmental Facebook Group—a great way to be kept informed!
- Join a society that focuses on sustainability. For example Extinction Rebellion or Plogging (combines jogging with litter pick up).
- Start your own sustainability-focused society. Bee-keeping society anyone?

Last year, we successful campaigned to re-open the outdoor learning space on the roof of the Saltire Centre, increasing green space on campus by 300 m2. Student Voice also passed a mandate that we work with the University on switching to sustainable take away utensils in catering outlets. Because of this work (and so much more) we were awarded Very Good status from the Green Impact accreditation scheme for the second year in a row.

www.GCUstudents.co.uk/eande



Students' Association **Building** (Glasgow Campus)



LEVEL 0

Social Learning Space: A place to study or meet friends 24hr Computer Lab: 120 computers for student use 3 bookable Group Study rooms:

www.GCUstudents.co.uk/groupstudyrooms



LEVEL 1-Building entrance

Welcome Desk: For any questions or queries **Advice Centre:** The corridor beside Welcome Desk Re:Union Bar & Grill: Eat, drink, relax or play pool

Radio Caley Studio



I FVFI 2

Student Involvement Zone: The place for you to engage with our representation and activities team and a space to meet other students

Meeting rooms: NH208 & NH209

Full Time Officers and Staff



OUTDOOR FACILITIES

Take some time out from study and use the outdoor Basketball Court, Outdoor Gym or Traverse Wall next to the Students' Association Building. The areas are free to use and is a great way to relax and be active.

Building Code NH www.GCUstudents.co.uk/building







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Re:union Bar & Grill





LOCATED LEVEL 1 SA BUILDING

FOOD & DRINK

We have a full made to order menu in Re:Union as well as Starbucks coffee, draft beer and cider and a range of nibbly bar snacks. Fosters pints at £2.25 - what more do you need?

DEALS

SO'S CLUB

50% OFF FOOD EVERY WEDNESDAY BETWEEN 4-7PM

BURGER & BEER

CLASSIC BURGER & FOSTERS FOR £5

DOUBLE UP

TWO MAINS FOR £10

EVENTS

MONDAY PUB QUIZ

CLUE'S IN THE NAME - EVERY MONDAY, 6PM. PRIZES TO BE WON WEEKLY!

RELIVE SCHOOL DISCOS EVERY FRIDAY

GRAB YER PLATE

FRIDAY BUFFET WITH A DRINK FOR £5. BARGAIN.





GEORGE MOORE RESTAURANT 8AM-5PM MON-FRI BREAKFAST. LIVE KITCHEN. MAIN MEALS PIZZA STATION. SALAD BAR.

BARISTA COFFEE. SNACKS.

HOT SANDWICHES.

8AM-7PM MON-FRI 9AM-5PM SAT-SUN

SALTIRE CAFE

8:30AM-3:45PM MON-FRI BARISTA COFFEE. SNACKS.

MBEK!

8:30AM-3PM MON-FRI SANDWICHES. COFFEE. HOT GRAB N GO. SNACKS.

GRAB N GO

8AM-3:45PM MON-FRI GRUMPY MULE COFFEE DELI SANDWICHES. SMOOTHIFS

LEARNING CAFE











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WEDS 11TH THURS 12TH

FRI 13TH

SAT 14TH SUN 15TH

MON 16TH **TUES 17TH**

WEDS 18TH THURS 19TH WELCOME PARTY **HEAVY METAL BBQ**

CARNIVAL OF SINS

DIVA DISCO (JAGER BAR) TRASHBOAT AFTER PARTY **GLASGOW CLAN GIVEAWAY** TWENTY NINE SCENE

90'5 V5 00'5

POP PUNK KARAOKE

FRI 20TH

SAT ZIST **SUN 22ND** MON 23RD TUES 24TH

WEDS 25TH THURS 26TH

FRI 27TH

SAT 28TH SUN 29TH **AREA ST AFTERMATH**

HEADPHONE DISCO HELLBENT DRAG SHOW

WHAT'S IN THE BOX

DIRTY LITTLE SECRET

FIREBALL TOUR PARTY ROCK 'N' ROLL RODEO

JACK DANIELS TAKEOVER

SUPERHERO SMACKDOWN ENDGAME: END OF FRESHERS

OPEN UNTIL 4AM EVERY NIGHT OF FRESHERS

MANAGEMENT RESERVES ALL RIGHTS





FRIDAY 13TH

HALLS WELCOME PARTY!

SATURDAY 14TH

RIO DE LIGHT!

SUNDAY 15TH

MERCH & SILVER CARD

GIVEAWAY

MONDAY 16TH

SCHOOL DISCO

TRAFFIC LIGHT PARTY

TUESDAY 17TH

FOAM PARTY

(DRY ROOM AVAILABLE)

WEDNESDAY 18TH

GLITTERED! PARTY

THURSDAY 19TH

INFLATABLES PARTY!

RIOT!: MY CHEMICAL ROMANCE DAYS

MELTIT': CHEESE N' TOAST

FRIDAY 20TH

ELECTRIC GARDENS

SATURDAY 215T

TOY STORY TAKEOUER

SUNDAY 22ND

END OF SEASON FINALES

NETFLIX GIVEAWAYS!

OPEN TIL EVERY NIGHT















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Cycle to GCU and save up £130 a term! Whilst walking is free, once speed is taken into consideration, cycling is the cheapest and quickest way of getting around Glasgow.

Cycling is much more affordable than taking the bus, train, underground or driving to GCU. Here is how it compares:

- Bikes (hired nextbike.co.uk): from £30/year
- Bikes (reasonable quality, second-hand): under £75
- Bikes (very good quality, second-hand): £100 £140
- Bikes (new, entry level): £250 £300
- Bus ticket (1 term): £110 £132
- Car parking (1 term): £150 (3 days/week for 10 weeks) excl. fuel + other running costs
- Subway: £150 (term) @ £50/month (x3 months)

Cycling is a realistic option to anyone living within 5 miles of the University and to help more students cycle, the University has invested in a range of facilities that make cycling easier. Watch GCU's cycling video to find out how we're making it easier for you to cycle to the University.

E-mail sustainability@gcu.ac.uk to explore cycling to University this year.

gcu.ac.uk/cycling



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