

S.M.A.R.T Objective Worksheet

Objective:

What is your objective?

Specific:

What exactly is objective looking to achieve?

How are you going to achieve this objective?

Measurable:

How will you know if progress is being made towards achieving this objective? / How will you know that you have achieved this objective?

Achievable:

Is this objective realistic? / Are there any obstacles and barriers to accomplishing this objective?

What resources are needed to accomplish this objective?

Relevant:

Is this a worthwhile objective? / Why is achieving this objective important?

What effect will achieving this objective have?

Time-Limited:

How long will it take to achieve this objective? / When will you achieve this objective?

When do you need to achieve this objective by?