

## zReturn to Sport Guidance for Sports Clubs



*Updated 26<sup>th</sup> November 2020*

The Students' Association Full Time Officers and Staff are working hard to give you the best possible experience this year. The health, safety and wellbeing of GCU students and staff will continue to be our highest priority during this Coronavirus (COVID-19) outbreak.

As you will be aware, the Scottish Government is currently using a four tier system to manage the pandemic and Sportscotland has indicated what level indoor and outdoor sports activities can begin ([see information here](#)).

The Students' Association's approach continues to be a phased return to in person activities when it's safe to do so, aligning with Scottish Government, Sportscotland, insurance and university guidance. This is a fluid situation and we continue to be flexible.

**For the avoidance of doubt there should be no in person activities organised by Sports Clubs until permission has been granted by the Students' Association Health and Safety Committee and the appropriate tier level has been reached for that activity to begin.**

### Return to Sport

Please see the Return to Sport Action Plan below, this outlines the process for Sports Clubs to prepare and then implement for their return to in person activities.

#### Preparing to Return to Sport

As part of the preparation for returning to in person activities you will need to arrange to meet with a Students' Association staff member to discuss your options for facilities and to create your risk assessment. You will need to review your sports club risk assessment to include COVID-19 preventative processes and measures and present this to the Students' Association Health and Safety Committee. Please contact the Activities Manager to discuss your club's plan for returning to sport.

#### Team Fixtures and Competitions

BUCS are planning to resume team leagues in January 2021, more information on [BUCS Return To Play HERE>>](#). All fixtures are managed through the [BUCS Play App](#), please download this app if you are involved in organising the BUCS fixtures for your team. BUCS and SSS are planning a reduce programme of competitions this academic year. However, the University are currently not allowing non-essential travel and we are only organising sporting activities within Greater Glasgow to limit unnecessary travel. We will advise when this situation changes.

### Booking a Group Trip Abroad

At this stage we are not authorising any group trips abroad, this may change when government, insurance and university guidance permits this type of group activity to be undertaken safely.

### **Online Events**

Our insurance provides stipulates for online events that “no activities should take place which need close supervision to ensure the safety of members” and that “each individual should be aware that they are responsible for ensuring their home environment is suitable and safe for the activity they are engaging in”.

### **Membership**

Sports Club Membership is now open on the Students’ Association website. Those sports clubs that have permission to run activities are active.

### **Further Information and Guidance**

#### **Students’ Association – Coronavirus Information Hub**

Information and documents to help your club prepare and organise in person activities.  
[www.gcustudents.co.uk/quick-links/volunteer-resources/coronavirus-information-hub](http://www.gcustudents.co.uk/quick-links/volunteer-resources/coronavirus-information-hub)

#### **Current Scottish Government Guidance**

The latest information from the Scottish Government.  
[www.gov.scot/coronavirus-covid-19/](http://www.gov.scot/coronavirus-covid-19/)

#### **Sportscotland**

Sports specific guidance on COVID-19.  
[www.sportscotland.org.uk/covid-19/latest-sport-and-physical-activity-guidance/](http://www.sportscotland.org.uk/covid-19/latest-sport-and-physical-activity-guidance/)

### **Support and Help**

If your sports club committee has questions or would like to arrange a meeting to discuss any of the above, please contact:  
Gordon McTweed, Activities Manager, [g.mctweed@gcu.ac.uk](mailto:g.mctweed@gcu.ac.uk) (Mon - Fri, 9am - 5pm).

# Return to Sport – Action Plan

## 1. Generic Risk Assessment

- Gather sector good practice evidence and sportscotland advice.
- Undertake overarching Sports Club risk assessment and approval by GCU Health, Safety and Wellbeing Committee.
- Systems and processes created.
- Review and revise in line with Scottish Government and sportscotland advice and guidance

## 2. Sports Club Risk Assessment

- Gather risk assessment from facility and work in partnership to ensure adequate measures in place.
- Consult Sport National Governing Body Guidance on activity.
- Individual risk assessment completed in conjunction with each Sports Club Committee & coach, and approved by Students' Association Health and Safety Committee.
- Create operational plan for activity.
- Review and revise in line with Scottish Government and sportscotland advice and guidance

## 3. Training and Preparation

- Compulsory Committee Training
- Compulsory COVID Officer Training
- Equipment gathered, cleaned and prepared
- Review and revise in line with Scottish Government and sportscotland advice and guidance

## 4. Resumption of Activities

- Sports Membership Live Online
- Activity sign up (optional Come & Try)
- Information given to participants
- Activity Begins - COVID Officer responsible for collection of student details at each activity
- Review and revise in line with Scottish Government and sportscotland advice and guidance