



Dear GCU Fresher,

Welcome, and congratulations on choosing to study at Glasgow Caledonian University!

As your elected Full Time Officers for 2019/20 we are delighted to introduce you to GCU Students' Association—a student-led organisation dedicated to representing all GCU students' academic interests. As a GCU student you automatically become a member of the Students' Association where you can get involved with various activities and events, sports clubs and societies, the Student Leaders Programme and other volunteering opportunities. This guide will keep you informed about what's happening during Fresher's 2019, including the wide range of taster events hosted by our sports clubs, groups and societies.

You'll also have received your Student Handbook—a handy guide and introduction to your Students' Association, what we do and how we can support you. Remember, we are here for you. Never hesitate to get in contact with us should you hit a bump in the road or just need a helping hand. We hope you have an outstanding experience here at GCU and look forward to meeting you during the upcoming year!

Your Full Time Officer Team 2019/20

Re:union
Bar & Grill

@REUNIONBARGRILL

OPEN
11AM-11PM
MON-FRI
LOCATED LEVEL 1 SA BUILDING

FIND ALL EVENTS AT
WWW.GCUSTUDENTS.CO.UK/EVENTS

DEALS

50'S CLUB
50% OFF FOOD EVERY WEDNESDAY BETWEEN 4-7PM
BURGER & BEER
CLASSIC BURGER & FOSTERS FOR £5
DOUBLE UP
TWO MAINS FOR £10

EVENTS

FRIDAY 13TH SEPTEMBER
STUDENT HALLS PARTY
FIRST NIGHT IN HALLS? GET A FREE MEAL ON US AND START THE FRESHERS PARTY EARLY

MONDAY 16TH SEPTEMBER
'THIS IS QUEEN' TRIBUTE ACT
THE SHOW MUST GO ON IN RE:UNION BAR! THIS FRESHERS... WE WILL ROCK YOU.

TUESDAY 17TH SEPTEMBER
DJ CALLUM GALLAGHER FROM CLYDE 1
JOIN THE ULTIMATE PARTY IN RE:UNION WITH CLYDE 1'S TOP DJ!



Mon 16 & Tue 17 Sept
10am-3pm | The ARC



FRESHERS FAIR 2019

- * The biggest student event at Freshers' Week
- * 85 stalls including GCU Societies, Sports Clubs and Groups
- * Plus give aways, freebies and student discounts
- * Quiet hour* Tues 17th 10-11am

*During quiet hour music will be switched off and we will be asking people to be mindful of our aim to create a calm and welcoming space. More info at: www.GCUSTUDENTS.CO.UK/freshers #GCUAutismFriendly



GCU FRESHERS 2019

Mon 16-
Fri 20 Sept



#GCUfreshers19
GCUstudents.co.uk/freshers



Freshers Pack 2019

£35
Value: £89

Includes an amazing selection of GCU merchandise, a bunch of activities vouchers for a variety of venues across Glasgow plus some exciting bonus gifts from our sponsors.

GCU merch:

- > GCU hoodie (navy)
- > GCU Freshers tote bag
- > GCU Freshers lanyard and student card holder
- > GCU Freshers bamboo toothbrush

Activity vouchers:

- > GCU Arc—1 x exercise class or gym session
- > Ryze Trampoline Park—1 x free entry voucher
- > Catch 22 Escape Rooms—1 x free entry voucher
- > Scotkart—1 x discount scratch card
- > The Entertainer App—2 months access
- > Royal Scottish National Orchestra—1 x free concert ticket
- > Paradise Golf—1 x free game

* PLUS bonus gifts from our sponsors, including a Garage/Cathouse Cool Bottle *

Get yours now while stocks last: www.GCUSTUDENTS.CO.UK/freshers-pack

THE BIG FOUR THIS FRESHERS



WEEK ONE

THE BIG FOUR
OPEN UNTIL
4AM

WEEK TWO

SUN 8TH SEPT: CATHOUSE / BAMBOO
MON 9TH SEPT: KOKOMO / GARAGE
TUES 10TH SEPT: GARAGE / KOKOMO
WEDS 11TH SEPT: BAMBOO / CATHOUSE
THURS 12TH SEPT: GARAGE / KOKOMO
FRI 13TH SEPT: CATHOUSE / BAMBOO
SAT 14TH SEPT: ALL FOUR VENUES

SUN 15TH SEPT: CATHOUSE / BAMBOO
MON 16TH SEPT: KOKOMO / CATHOUSE
TUES 17TH SEPT: BAMBOO / GARAGE
WEDS 18TH SEPT: BAMBOO / CATHOUSE
THURS 19TH SEPT: KOKOMO / GARAGE
FRI 20TH SEPT: GARAGE / KOKOMO
SAT 21ST SEPT: ALL FOUR VENUES



FOR ALL CONFIRMED EVENTS PLEASE GO TO WWW.GCUSTUDENTS.CO.UK

Society Taster Sessions

DATE	TIME	ACTIVITY/EVENT	SOCIETY/GROUP	VENUE
Monday 16th	16:00–18:00	Ghibli Film Screening	Cali-Otaku Society	NH208, SA (Students' Association)
	18:45	Music Night	Christian Union	Meet at SA
Tuesday 17th	17:00	Freshers' Welcome	National Union of Ghana Students' Society (NUGS)	Social Learning Space, SA
	17:00	Photo Challenge	Christian Union	Meet at SA
	17:30–20:00	CSI Come and Try	CSI GCU	NH208, SA
	18:00–21:00	Movie, Pizza and Popcorn	The Circle Society	NH209, SA
Wednesday 18th	12:00–14:00	Meet the Members	Common Good Society	NH208, SA
	13:00–14:00	GGU Choir Come and Try	GCU Choir	Faith and Belief Centre
	14:00–16:00	Drama Come and Try	GCU Drama and Theatre Production Society	Social Learning Space, SA
	17:00	Games Night	Christian Union	Meet at SA
	17:00–20:30	Movies and Chill	Psychology Society	NH208, SA
	17:00–21:00	Social Night	GCU Business Society	Meet at Re:Union Bar and Grill
	18:00–21:00	Welcome Event	Biosciences Society	Revolution, Mitchell Street
	18:30	Accountancy and Risk & Finance Societies Welcome Event	Accountancy and Risk & Finance Societies	Meet at Re:Union Bar and Grill
Thursday 19th	13:00–17:00	Dungeons & Dragons Taster Sessions	Dungeons & Dragons Society	W323, W324, W325
	17:00–19:00	Chess Come and Try	GCU Check Mate Society	NH208, SA
	17:30	Food Night	Christian Union	Meet at SA
	18:30–22:30	Summer Sessions GCU Edition	Radio Caley and The EDIT	Re:Union Bar and Grill
	19:00–Late	Freshers' Night	Events Society	Meet at Re:union Bar and Grill
Friday 20th	10:00–14:00	Brunch and Protest at George Square	GCU Extinction Rebellion Society	Meet at SA
	18:45	Ceilidh	Christian Union	Meet at SA
	19:00–07:00	12 HR Gaming Marathon	GCU Gaming Society	Social Learning Space, SA
	19:00–23:00	Re:Charge	Esports Society	Summoners Bar on Sauchiehall Street
	21:30–Late	Welcome Party/Club Crawl	Greek-Cypriot Society	Meet at Re:Union Bar and Grill
Saturday 21st	12:30	BBQ and Rounders	Christian Union	Meet at SA
	19:00–21:00	Freshers' Welcome Party (Movie Night)	Nigerian Students' Society	Social Learning Space, SA
Thursday 26th	18:00–20:00	First All Magazine Meeting	The EDIT	Re:Union Bar and Grill

The Faith and Belief Centre will be open access on Mon 16th and Tue 17th Sept, drop in and visit to see the facilities.

Sports Come and Trys

DATE	TIME	SPORTS CLUB	MEET AT VENUE
Monday 16th	17:30–19:00	Football Women's	Firhill Complex, G20 7HH
	19:00–20:30	Rugby Men's	West of Scotland Rugby Club
	19:00–20:30	Rugby Women's	West of Scotland Rugby Club
	19:15–21:15	Karate	Arc—Small Hall
	19:15–21:15	Taekwondo	Arc—Small Hall
	20:30–22:00	Football Men's	Firhill Complex, G20 7HH
Tuesday 17th	16:00–17:00	G-Cal Muay Thai	Arc—Small Hall
	18:00–20:00	Boxing	Kynoch Gym, G41 1EJ
	18:00–19:30	Netball	Arc—Main Hall
	18:00–19:00	Swimming	University of Strathclyde Sport Centre
	18:30	Equestrian (cost TBC)	Busby Equitation Centre, G76 8JU
	19:15–21:15	Dance	Arc—Small Hall
	19:15–21:15	Trampolining	Arc—Small Hall
	TBC	Mountaineering (cost TBC)	Glasgow Climbing Centre, G51 1RN
Wednesday 18th	13:00–15:00	Basketball Women's	Arc—Main Hall
	14:00–16:00 TBC	Canoe & Kayak	Pinkston Watersports, G4 9XP
	15:00–17:00	Basketball Men's	Arc—Main Hall
	15:00–17:00	Football Men's—Trials	Firhill Complex
	15:00	Orienteering—Urban Session	SiMY Community Development, G4 OPL
	16:00–17:00	Athletics—Track & Field	Emirates Arena, G40
	16:00–17:00	Boxing	Arc—Small Hall
	16:00–17:30	Rugby Men's	West of Scotland Rugby Club, G62 6AQ
	19:15–20:30	Karate	Arc—Small Hall
	19:15–21:15	Taekwondo	Arc—Small Hall
Thursday 19th	13:00–14:00	Rugby Women's	Arc—Small Hall
	17:00–19:00	Badminton	Arc—Main Hall
	18:00–20:00	Canoe & Kayak	Pinkston Watersports, G4 9XP
	19:00–21:45	Volleyball Men's	Arc—Main Hall
	19:00–21:45	Volleyball Women's	Arc—Main Hall
	19:00–21:00	Trampolining	Arc—Main Hall
	19:30–20:30	Gaelic Football Women's	Multi Use Games Area—Outside Arc
	19:45–21:45	G-Cal Muay Thai	Arc—Small Hall
Friday 20th	15:00–18:00	Orienteering—Urban Session	SiMY Community Development, G4 OPL
	17:00–18:00	Athletics—Stretch & Core	Arc—Yoga room
	18:00–20:00	Fencing	Arc—Small Hall
Monday 23rd	19:00–21:00	Cheerleading	City of Glasgow College, G4 ORF
Tuesday 24th	14:00–16:00	Cheerleading	Arc—Small Hall
Wednesday 25th	17:00–20:00	Cheerleading	Social Learning Space, SA

All activities are FREE unless stated otherwise. For more info, visit www.GCUstudents.co.uk/events and join our Official GCU Freshers' 2019 Facebook Group at:  /GCUstudents/groups